



What do the Gugafit Council do?

The Gugafit Council raise awareness of keeping healthy in school. They run healthy living or fitness challenges every half term. Challenges are given to each class every half term- the winners receive the Gugafit trophy!

All children in the school have free access to the Gugafit website. Here they can access their personalised healthy living diary, recipes and other fun games to play at home.

www.gugafit.com